

**FRI 23 JUNE / SCHOOLS**

**SAT 24 = SUN 25 JUNE / STATES**

**Paddle  
QLD**



**CANOE  
MARATHON  
CHAMPS  
2023**

Image by Tony Brown.



**Paddle  
QLD**

**MORE PEOPLE PADDLING,  
MORE OF THE TIME**

**CITY OF  
GOLDCOAST™**



**SOUTHPORT  
YACHT CLUB**



**EST. 1962**

# WELCOME



On behalf of Paddle Queensland and the Canoe Marathon Technical Committee, it is my pleasure to welcome you to the 2023 Paddle Queensland School and State Canoe Marathon Championships at the SYC Oxenford Watersports Centre.

I would like to respectfully acknowledge the traditional owners of the land on which we gather, the Yugambah People and pay my respects to their Elders past and present and extend that respect to Aboriginal and Torres Strait Islander people in attendance.

Paddlers from eight to eighty (and beyond) are encouraged to be part of a great weekend of paddling across events ranging from 2.5 km for our Under 10s, to 20 km for our U23s and Opens. Regardless of your chosen craft or ability we encourage you to enter and take part in the Championships.

Friday will see students paddle for their place on the podium at this years School Championships, starting with singles at 9am and doubles at 12pm across events ranging from 2.5 km to 10 km.

Saturday morning will see the return of Short Course racing starting at 9am for Kayaks, Canoes and SUPs. Following our first session we will return to racing with junior double events starting at 11am and after lunch return for the U23, Open, Master and Paracanoe single events starting at 1pm.

Sunday morning will see the U23, Open and Master double events starting at 9am. Following our first session we will return to racing for the final session of the weekend with junior single events starting at 11am.

The 2023 Paddle Queensland School and State Canoe Marathon Championships would not be possible without the support of our volunteers who generously donate their time and resources to ensure the Championship's are a great success.

If you have not volunteered before, or are seasoned volunteer, please get in touch with the office as your help is be greatly appreciated.

Lastly, I would like to thank our Member Clubs and Schools for their continued efforts in developing an active and strong paddle community.

Yours in paddling,

Scott Sharples  
Executive Officer



# ABOUT



**CANOE  
MARATHON  
CHAMPS  
2023**

Image by Tony Brown.



The Canoe Marathon School and State Championships are Paddle Queensland's key performance programs.

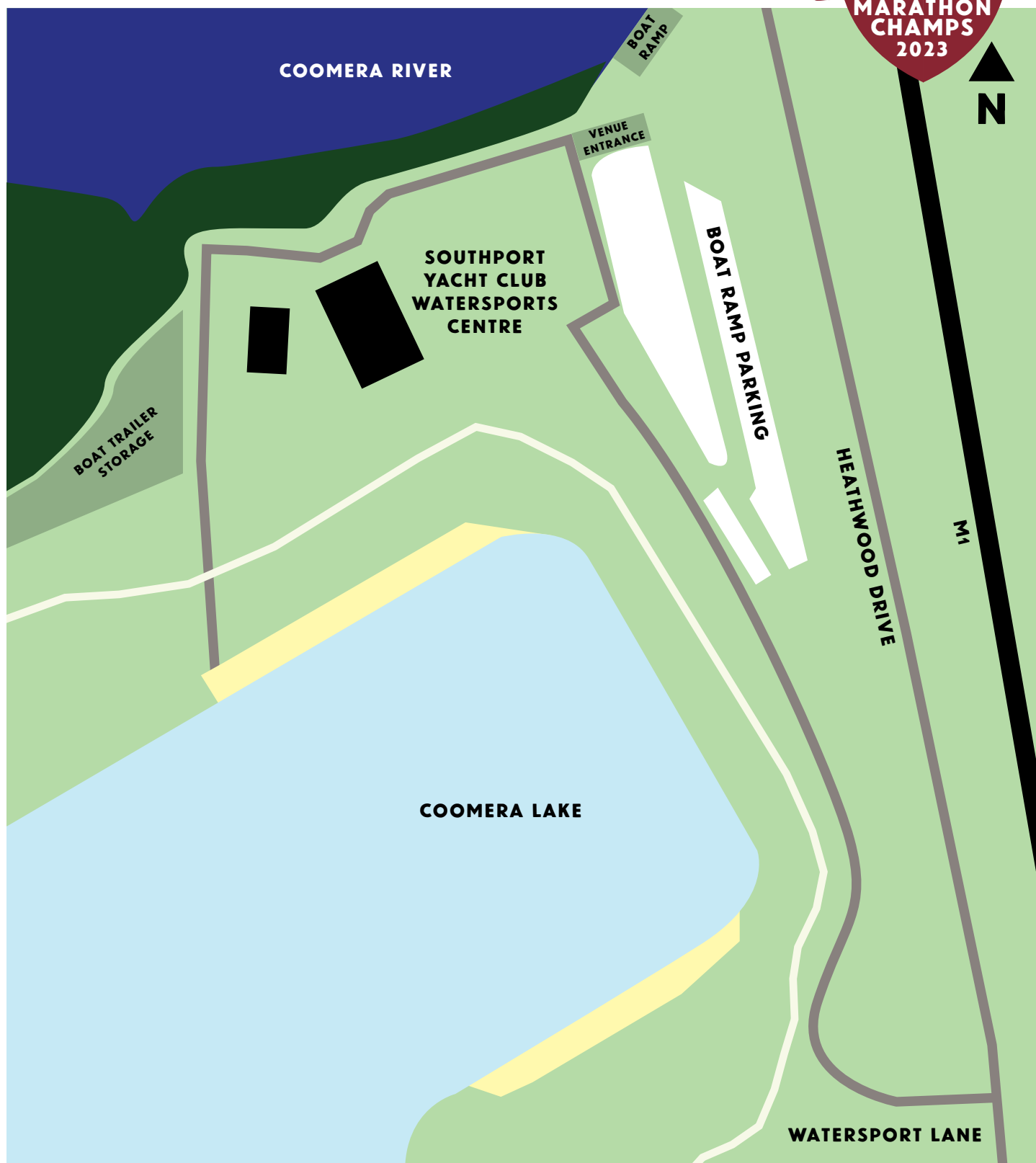
The State Championships profile a range of Foundation (School), Talent (Club), Emerging (QAS) and Mastery (AIS) paddlers who compete against the best paddlers from across the country on a range of craft including: Stand up paddle boards, Kayaks, Canoes, Ocean Skis and Outrigger Canoes.

## AIMS

- ✕ Engage Queensland communities on the physical and mental health benefits of paddling.
- ✕ Encourage more young people to stay paddling
- ✕ Engage young people in the sport of paddling through the power competition
- ✕ Provide a quality, enjoyable, sociable and safe environment
- ✕ Eliminate barriers to participation by providing access to equipment and instruction
- ✕ Develop paddling skills and knowledge that support future paddling pathways
- ✕ Provide a progression through to specialised areas of paddling
- ✕ Develop an awareness of all aspects of paddling
- ✕ Mentoring clubs on how to improve their resilience across a range of activities
- ✕ Assist clubs in developing young paddlers
- ✕ Increase the level of safe paddling practices in the community through educating young people

# VENUE

**Paddle  
QLD**



SYC Oxenford Watersports Club, 33 Watersport Lane, Oxenford QLD 4210.

# AGE GROUPS



- General Classes (*No-portage*) are open to all boat types Canoe (C, TC, UC, OC, Va'a), Kayak (K, TK, Ski), Paracanoe (VL, KL) and Stand Up Paddling (SUP).
- ICF Classes (*Portage*) are Canoe (ICF-C), Kayak (ICF-K) and Paracanoe (ICF-VL, ICF- KL).
- Age Groups compete in Womens (W), Mens (M) and Mixed (X) General and ICF Classes.

AGE AT 31 DEC 2023	AGE GROUP	STD	SHORT	ENTRY BRACKET
10 or younger	U10	2.5 km		<b>JUNIORS</b>
12 or younger	U12	5 km		
14 or younger	U14	7.5 km		
16 or younger	U16	10 km	3.4 km	
18 or younger	U18	15 km	3.4 km	
23 or younger	U23	20 km		<b>SENIORS</b>
All ages	Opens	20 km	3.4 km	
35 or older	M35+	15 km	3.4 km	<b>MASTERS</b>
40 or older	M40+	15 km		
45 or older	M45+	15 km		
50 or older	M50+	15 km		
55 or older	M55+	10 km		
60 or older	V60+	10 km		<b>VETERANS</b>
65 or older	V65+	10 km		
70 or older	V70+	10 km		
75 or older	V75+	10 km		

## AMALGAMATIONS

- When there are not sufficient entries or starters to contest a certain event, competitors can be moved into a relevant event.
- Juniors (18 and under) will not be amalgamated.
- Masters and Veterans age groups will not amalgamate any further than ten (10) years and not change distance unless agreed by the competitors.



# ENTRY INFORMATION


- Paddlers are required to be a member of Paddle Australia or a State Paddle Association to enter.

ENTRY FEES	EARLY BIRD: CLOSES 11:59 PM 26 MAY	STANDARD: CLOSES 11:59 PM 9 JUN
Juniors	\$50	\$70
Seniors	\$65	\$85
Masters	\$65	\$85
Veterans	\$55	\$75

## REFUND POLICY

- Paddle Australia's Refund Policy (8th May 2020) click [here](#).
- Notice of event cancellation will be given to competitors via the email address supplied upon registration and will be made no later than **COB Wednesday prior to the Championships**.

## REGISTRATION

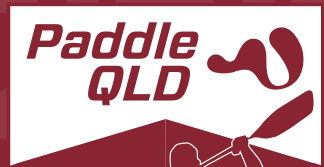
Registrations are available through 

Key dates, subject to final confirmation, include the following.

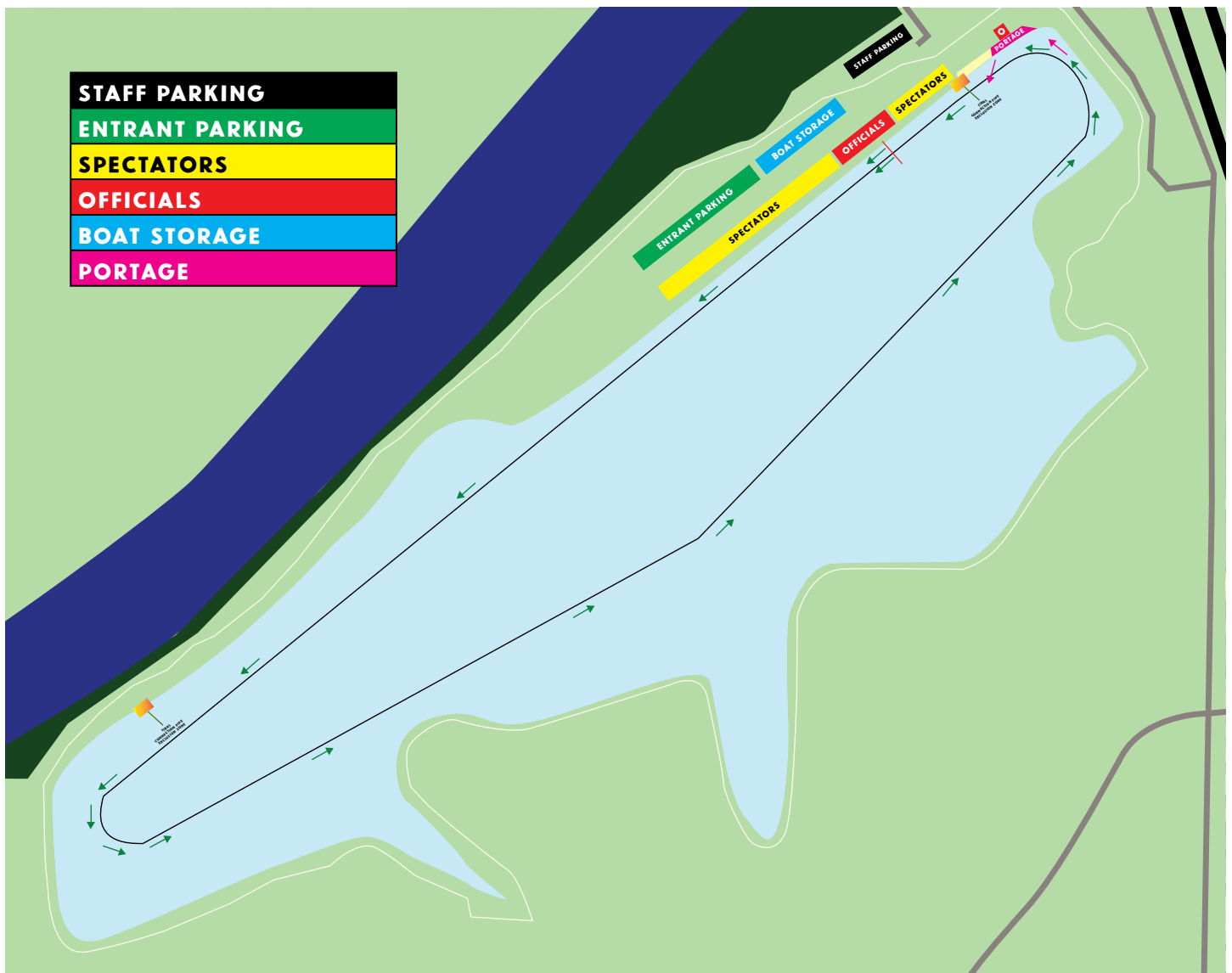
1. Early bird closes: 26th May 2023
2. Entries close: 9th June 2023

## STATE TEAM SELECTION POLICY

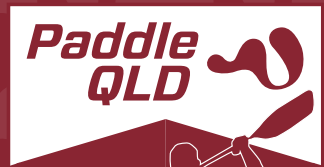
- Athletes who wish to be considered for the state team, must nominate by 12:00pm Sunday 25th June.
- To be eligible for selection an athlete must meet the requirements of the Policy.



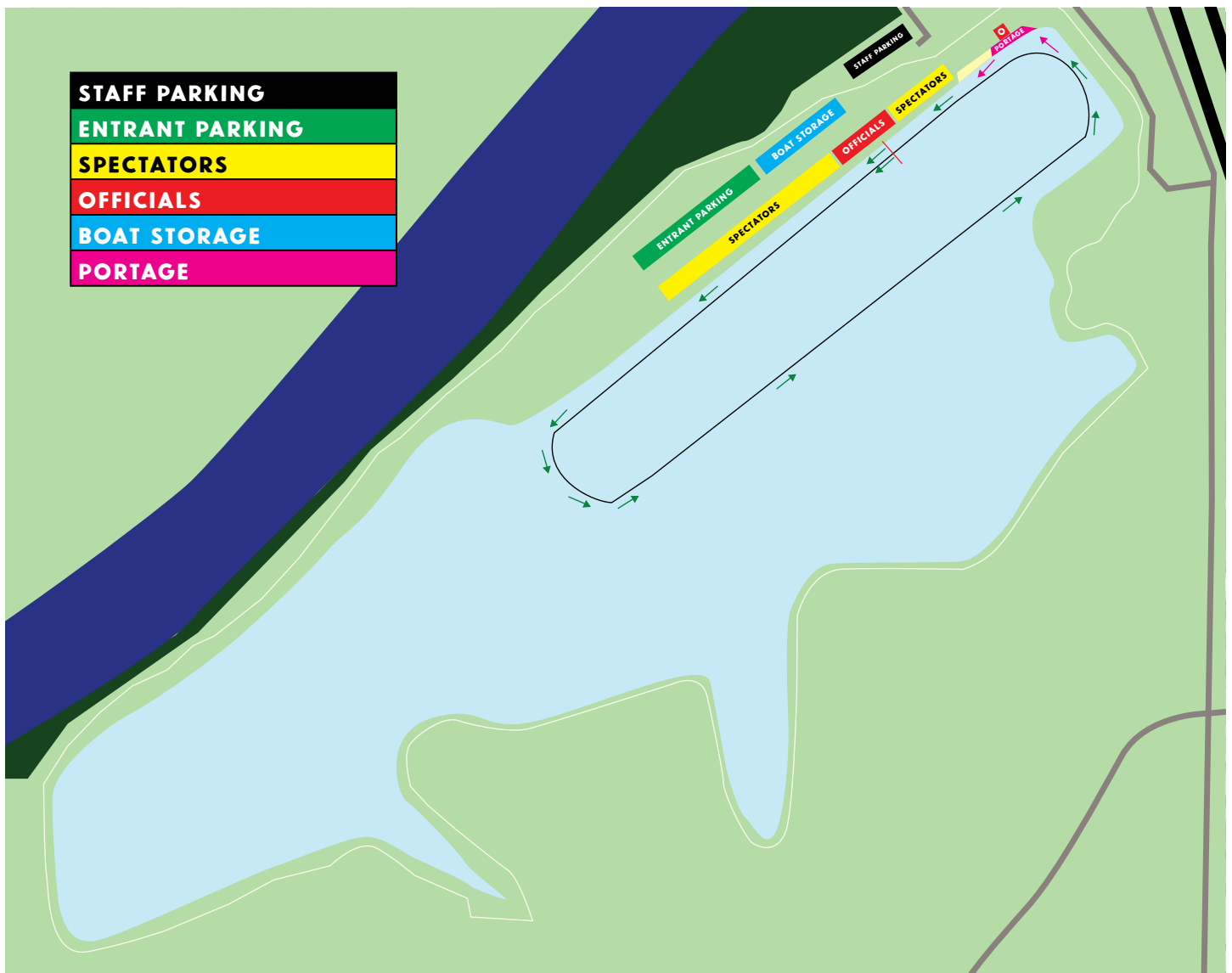
# STANDARD COURSE



The course runs in an anti-clockwise direction with events consisting of multiple laps of approximately 2.5 km, with portages for ICF age groups. The portage has a beach entrance and exit, approximately 100 metres in length. The Lake is non-tidal with minimal current.



# SHORT COURSE



The course runs in an anti-clockwise direction with events consisting of multiple laps of approximately 1.1 km, with portages for ICF age groups. The portage has a beach entrance and exit, approximately 100 metres in length. The Lake is non-tidal with minimal current.

# RULES



- Paddle Australia's Competition Policy (17th June 2018) click [here](#).
- Paddle Australia's Canoe Marathon Competition Rules (17th April 2020) click [here](#).
- Paddle Australia's Extreme Weather and Conditions Policy (February 2020) click [here](#).
- International Canoe Federation Canoe Marathon Competition Rules (2023) click [here](#).

## LIFE JACKETS / PFDS

Correctly fitted life jackets must be worn by:

1. All paddlers competing in the Under 10, Under 12 and Under 14 categories;
2. Those who are not strong and confident swimmers;
3. All paddlers if the Competition Committee deems it necessary.

*Please note, inflatable life jackets are not acceptable due to the need for the paddler to be conscious to activate the life jacket and for the need for annual testing to ensure compliance.*

## ACCOMMODATION

There is a range of accommodation options on the Gold Coast. The list below provides some options close to the event – please note that the organising committee has not contacted any of these, nor do they recommend any particular supplier.

ACCOMMODATION	DISTANCE FROM VENUE	CONTACT
BIG4 Gold Coast Holiday Park	2.7 km (6 min)	+61 07 5514 4400
Coomera Motor Inn	4.1 km (7 min)	+61 07 5573 2311
Residences at The Peninsula	5.4 km (10 min)	+61 407 898 838

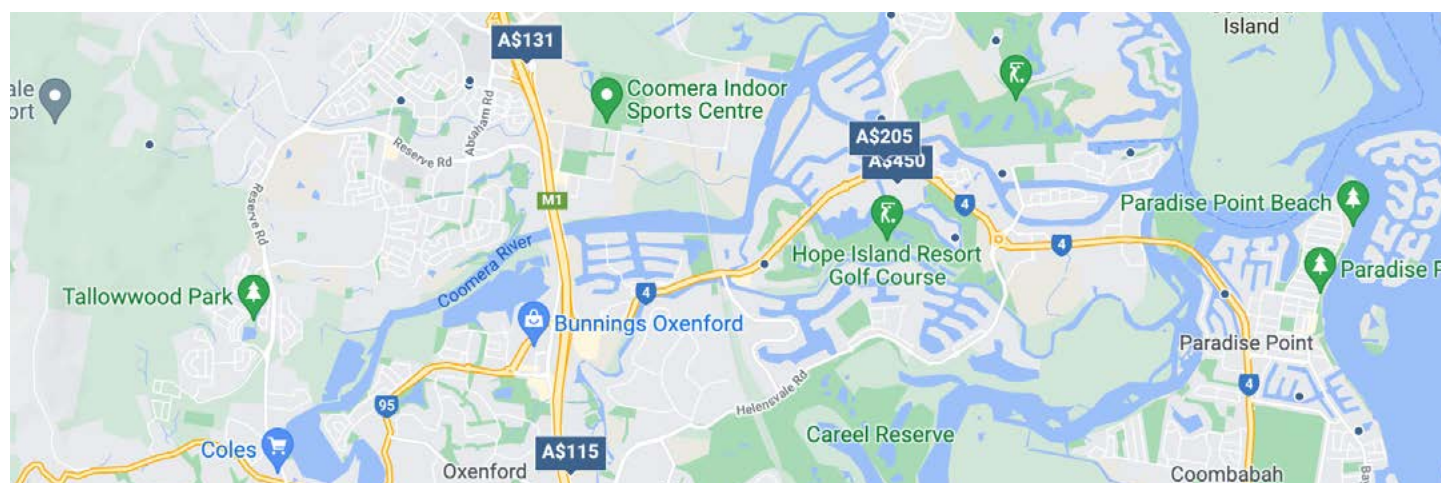


Image by Tony Brown.



## STORAGE

Secure overnight storage will be provided on the 23rd and 24th June by prior arrangement with the organising committee. Please note capacity is limited.

## FOOD

Will be available from the Southport Yacht Club.

## MEDICAL

Gold Coast University Hospital, 1 Hospital Blvd, Southport QLD 4215, 1300 744 284

## FIRST AID

A First Aid station will be available at the venue in the Southport Yacht Club.

# 2025 PADDLE FEST



In 2025 Paddle Queensland will unite the paddlesports community in ‘*A celebration of paddling*’.

Paddle Fest will cater for paddlers of all abilities and needs through a range of Workshops, Come ‘N’ Try sessions and inclusive paddle adventures.

Paddle Fest will also showcase the outstanding depth and talent our competitive disciplines have to offer, with four State Championships running throughout the week.

A draft schedule is below with further details to be confirmed in early 2024.

DATE	ACTIVITY
Friday 31 Oct	Check in and Welcome dinner
Saturday 1 Nov	Canoe Marathon Singles and Come ‘N’ Try
Sunday 2 Nov	Canoe Polo and Come ‘N’ Try
Monday 3 Nov	Canoe Marathon Crews
Tuesday 4 Nov	Workshops and Inclusive paddle adventure
Wednesday 5 Nov	Canoe Sprint Singles
Thursday 6 Nov	Canoe Sprint Crews
Friday 7 Nov	Workshops and Inclusive paddle adventure
Saturday 8 Nov	Canoe Ocean Racing and Come ‘N’ Try
Sunday 9 Nov	Mass inclusive paddle adventure and wrap up