

14

BEACHES
OCEAN
RACE

Paddle
QLD

Shaw and Partners
Financial Services



**SATURDAY AUGUST 12 / GC
SKIS + OCS + SUPS + FOILS**





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WELCOME TO THE GOLD COAST

On behalf of Paddle Queensland, it is my pleasure to welcome you to the 14 Beaches Ocean Race.

The 14 Beaches Ocean Race is the first Queensland event on the Shaw and Partners Australian Ocean Racing Series calendar, the third race of the Paddle Queensland Pacific Coast Ocean Racing Series and will also triple as the 2023 Ocean Racing State Championships.

The 14 Beaches Ocean Race is a 15-kilometre downwind held on the Gold Coast starting at Bilinga and finishing at Kurrawa (based on southerly winds), which will bring the ocean racing community from across the State and beyond to the beautiful beaches of the Gold Coast and comprises of Male, Female and Mixed classes for Junior, Under 23, Senior and Masters paddlers on Surfskis, Specsksis, Outrigger canoes, Stand up paddling boards and Stand up paddling Foil Boards.

We look forward to seeing you in August!

Yours in paddling,

Scott Sharples
Executive Officer
Paddle Queensland





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OFFICIAL DATES

The official date for the event is the 12th August 2023, with the following program:

| | |
|------------------|---|
| 30 June | 2359 - Early Bird Fee closes |
| 31 July | 2359 - Standard Fee closes |
| 6 August | 2359 - Late Fee closes |
| 9 August | Race brief sent to paddlers |
| 11 August | 1100 - Check in opens at Kurrawa SLSC 1600 - Check in closes |
| 12 August | 14 Beaches Ocean Race 0800 - Check in and On the Day entry opens at Finish 1000 - Check in and On the Day entry closes 1100 - Scrutineering open at start line 1300 - Wave 1 Stand Up Paddling Boards and Foils (SUP + SUP-F) 1315 - Wave 2 Outrigger Canoes (OC-1 + OC-2) 1330 - Wave 3 Surf and Specsakis (SS-1, SLSA-1, SS-2 + SLSA-2) 1500 - Paddlers start to arrive at Finish 1530 - All paddlers finished 1900 - Presentation at Kurrawa SLSC |





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LEGAL ASPECTS

PADDLE QUEENSLAND

Address: SYC Oxenford Watersports Centre

Website: www.qld.paddle.org.au

Scott Sharples Executive Officer: 0414 960 728

eo.qld@paddle.org.au

Andrea Wood Sport Operations and Events Manager: 0408 901 900

qld@paddle.org.au

STRUCTURE OF THE ORGANISING COMMITTEE

The Organising Committee is chaired by the Executive Officer of Paddle Queensland.

ORGANISING COMMITTEE

| NAME | ROLE |
|----------------|---------------------|
| Scott Sharples | Race Director |
| Andrea Wood | Competition Manager |

COMPETITION POLICIES

Paddle Australia Competition Policy click [here](#).

Paddle Australia Remotely Piloted Aircraft Policy click [here](#).

Paddle Australia Refund Policy click [here](#).

Paddle Australia Extreme Weather and Conditions Policy click [here](#).

Paddle Australia Anti-Doping Policy click [here](#).

COMPETITION RULES

International Canoe Federation Canoe Ocean Racing Competition Rules click [here](#).

MEDIA POLICIES

Paddle Australia Photography Policy click [here](#).

Paddle Australia Social Media Policy click [here](#).



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ACCREDITATION FEES

Includes Paddle Pack: Tote Bag, Race Shirt, Event Boat Sticker, Water Bottle, Stickers and Sponsor Items if supplied. Any participant who is not a Paddle Queensland/Australia or AOCRA Member will be charged an additional Single Event Insurance Fee.

NOT A MEMBER? CLICK [HERE](#) TO SIGN UP AND SAVE!

| EARLY BIRD : UP TO 30 JUN | MEMBER | NON-MEMBER |
|-----------------------------|--------|------------|
| SINGLE CLASSES (Per Person) | \$65 | \$85 |
| DOUBLE CLASSES (Per Craft) | \$95 | \$115 |

| STANDARD : 1 JUL TO 31 JUL | MEMBER | NON-MEMBER |
|-----------------------------|--------|------------|
| SINGLE CLASSES (Per Person) | \$75 | \$95 |
| DOUBLE CLASSES (Per Craft) | \$115 | \$135 |

| LATE : 1 TO 6 AUG | MEMBER | NON-MEMBER |
|-----------------------------|--------|------------|
| SINGLE CLASSES (Per Person) | \$85 | \$105 |
| DOUBLE CLASSES (Per Craft) | \$135 | \$155 |

| ON THE DAY : 12 AUG | 0800 = 1000 |
|-----------------------------|-------------|
| SINGLE CLASSES (Per Person) | \$145 |
| DOUBLE CLASSES (Per Craft) | \$195 |



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COMPETITION INFORMATION

CRAFT

| | | | |
|---------------|-------------------------|---------------|------------------------------|
| SS=1 | Surfski single | SS=2 | Surfski double |
| SLSA=1 | Specski single | SLSA=2 | Specski double |
| OC=1 | Outrigger canoe single | OC=2 | Outrigger canoe double |
| SUP | Stand up paddling board | SUP=F | Stand up paddling foil board |

AGE GROUPS

Are based on the age you will be on the 31st of December 2023.

| | | | | | |
|----------------|---------|-----------------|---------|----------------|---------|
| JUNIOR | 15 - 18 | UNDER 23 | 19 - 23 | SENIOR | 18+ |
| MASTERS | 35 - 39 | MASTERS | 40 - 44 | MASTERS | 45 - 49 |
| MASTERS | 50 - 54 | MASTERS | 55 - 59 | MASTERS | 60+ |

CLASSES

| | | | |
|----------------|----------------------------------|---------------|------------------------------------|
| MSS=1 | Men surfski single | WSS=1 | Women surfski single |
| MSS=2 | Men surfski double | WSS=2 | Women surfski double |
| MSLSA=1 | Men specski single | WLSA=1 | Women specski single |
| MSLSA=2 | Men specski double | WLSA=2 | Women specski double |
| MOC=1 | Men outrigger canoe single | WOC=1 | Women outrigger canoe single |
| MOC=2 | Men outrigger canoe double | WOC=2 | Women outrigger canoe double |
| MSUP | Men stand up paddling board | WSUP | Women stand up paddling board |
| MSUP=F | Men stand up paddling foil board | WSUP=F | Women stand up paddling foil board |
| XSS=2 | Mixed surfski double | XLSA=2 | Mixed specski double |
| XOC=2 | Mixed outrigger canoe double | | |



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| | | | |
|-----------------|---------------|---------------|---------------|
| COURSE | Bilinga Beach | FINISH | Kurrawa Beach |
| DISTANCE | 15 km | WIND | Southerly |



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GENERAL INFORMATION

DISTANCE

As the race is a State Championships the distance will be 15 km.

FORMAT

The race will be run in one (1) stage with race markers (buoys) that must be negotiated as directed.

START METHOD

- The start method for the race will be a Stationary Water Start.
- The athletes should position themselves so that the bows of the competing craft are behind the start line. The boats must be stationary and may be held at the stern if required.
- Paddlers will be called to the water at least 10 minutes before the scheduled start.

START PROCEDURE

- The Starter must ensure all boats are stationary behind the starting line.
- When the Starter is satisfied that the boats are aligned correctly and are stationary, they will call “**Ready**” followed by the start signal (a shot, starting horn, whistle blast or the word “**Go**”).

FALSE START

- If an athlete moves forward after the word “**Ready**” and before the start signal, they have made a false start.
- An athlete who attempts to start before any instruction is deemed to have made an unfair start.
- An athlete who attempts a false or unfair start will be warned.
- The second warning will result in the imposition of a two (2) minutes penalty.
- The third warning will result in the athlete’s disqualification from the competition.
- The disqualified athlete must leave the water immediately.



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FINISH

- The finish line will be between two (2) markers described in the race instructions on the shore.
- The boat has finished the race when the upper body of the athlete crosses the finish line.
- If two (2) or more paddlers cross the finish line at the same time they receive the same classification.

SHARK SIGHTING

On the sighting of a shark, immediately inform a Support Boat and leave the water until the shark is chased away from the support boat.

EVACUATION POINTS

- Support Boats will be with you on the course for the duration of the race.
- If you need assistance during the race, raise your paddle above your head so a support boat or fellow paddlers can see you until assistance arrives.
- In case of an emergency on land or water the patient will be transported to the closest Surf Life Saving Club Car park Emergency Areas.
- Water Evacuation Points will be the closest beach access point. When on course if Life Support is needed Volunteer Marine Rescue will be the first responders to enable First Aid, DFIB and fast boat access to an Emergency Medical Access point.

AWARDS

The awards are given according to the ICF protocol guidelines. The medals are awarded as follows:

- 1st place: a gold medal
- 2nd place: a silver medal
- 3rd place: a bronze medal

In double classes, each athlete will receive the appropriate medal.

To maintain the formality of the ceremony the athletes receiving medals must wear a Club or paddle top.



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BY ENTERING THE 14 BEACHES OCEAN RACE YOU AGREE TO THE FOLLOWING:

You understand the risks associated with Ocean Racing and acknowledge your responsibilities to help a distressed paddler.

YOU WILL COMPLY WITH THE MANDATORY SAFETY EQUIPMENT RULES:

- **Lifejackets** - All competitors must wear an approved Australian Standard AS 4758 or International Standard ISO 12402 Lifejacket. All surf ski paddlers must wear an approved minimum Level 50 / Level 50S Lifejacket. Your lifejacket must be Hi-Vis or a Hi-Vis top is to be worn over the top of the lifejacket. No bum bag inflatable lifejackets are permitted.
- **Safety Leash** - All competitors must be attached to their craft via a safety leash.
- **SafeTrx Tracking** - All competitors MUST be logged in and using the Tracking Link Activity Code for the 14 Beaches Ocean Race. SafeTrx allows the event organisers, spectators and water safety to track competitors live GPS location via the web. It is mandatory that all competitors carry a mobile phone and will be disqualified if they fail to follow this item of the safety plan.
- **Timing Chip** - All competitors must wear the electronic timing chip on their ankle (right or left ankle). This will be provided at registration.
- **Hi-Vis Clothing** - All competitors must wear a piece of Hi-Vis clothing. This can be a Hi-Vis lifejacket or Hi-Vis top worn over your lifejacket.
- **Orange Smoke Flare** - All competitors must carry one in date orange smoke flare. The flare should be easily accessible when on the water. Ensure you are familiar in how to use a flare.



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- **Mobile Phone** - All competitors are required to have a mobile phone. A VHF Radio a distress beacon (EPIRB or PLB) can also be carried.
- **Pealess Whistle** - All competitors are required to have a pealess whistle attached to their Lifejacket.
- **SUP, SUP-F and Outrigger paddlers** are permitted to wear an approved Lifejacket Level 100/150 bum bag inflatable lifejacket. **A Hi-Vis top must be worn.**

In the event of an emergency, a competitor's location can be identified via the SafeTrx App, the use of an orange smoke flare or via the sound of a whistle.

- In addition to the above we strongly recommend competitors carry a Distress Beacon (EPIRB or PLB) and /or a waterproof VHF Handheld Radio during the event. VHF handhelds are an inexpensive item of equipment that enables immediate contact between the competitor and safety vessels. In a boating emergency use Radio Channel 16 VHF or call 000 (triple zero)
- It is also recommended that a minimum of one (1) litre of water is to be carried during the race.
- Competitors should be Sun Safe, including wearing appropriate clothing and sunscreen.
- Footwear is strongly recommended.
- There is no storage or transport of craft provided at the race start and finish areas.
- The security of all equipment is the responsibility of each competitor.

There will be equipment scrutineering at the start line. Any competitor that does not abide by the rules and equipment requirements will be automatically disqualified.

IN ANY LIFE-THREATENING EMERGENCY CALL 000.



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START TRAINING WITH SAFETRX TODAY

DOWNLOAD THE SAFETRX APP, REGISTER AN ACCOUNT AND BECOME FAMILIAR WITH HOW THE APP WORKS DURING TRAINING.

- Use **TRACK ONLY** mode and share it with a friend or family member before you head out for a paddle.
- **“Track Only”** trips still record your trip on the handset (and to your trip history on the boaters website) and allows you to review and replay it later.
- Unlike **“Sail Plan”** trips, no ETA is provided and Coast Guard do not monitor your trip.



ADVANTAGES OF USING SAFETRX

- Using SafeTrx may save your life! Safety officials can track your position in real time during the race knowing where you are at all times.
- If you get into trouble you can activate the Call for Help button which enables you to call 000 or the Australian Volunteer Coast Guard – your exact GPS location will be available to them so the safety vessels can come to your aid
- Competitors can watch a replay of the event and see step by step how they raced against other paddlers and compare the lines they took against the winners
- Spectators can watch you race.
- Share your trip with your friends and family who can track your progress and meet you at the finish line to celebrate with you!

SAFETRX
Tracking you home safely



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