

FRI 10 NOV / SCHOOLS

SAT 11 = SUN 12 NOV / STATES



Image by Tony Brown.



**MORE PEOPLE PADDLING,
MORE OF THE TIME**



**SOUTHPORT
YACHT CLUB**



EST. 1962

WELCOME



On behalf of Paddle Queensland and the Canoe Sprint Technical Committee, it is my pleasure to welcome you to the 2023 Paddle Queensland School and State Canoe Marathon Championships at the SYC Oxenford Watersports Centre.

I would like to respectfully acknowledge the traditional owners of the land on which we gather, the Yugambah People and pay my respects to their Elders past and present and extend that respect to Aboriginal and Torres Strait Islander people in attendance.

Paddlers from eight to eighty (and beyond) are encouraged to be part of a great weekend of paddling with events ranging from 200m to 5000m. Regardless of your chosen craft or ability we encourage you to enter and take part in the Championships.

Friday will see students from across Queensland paddle for their place on the podium at this years School Championships.

Saturday morning will start with the General Class team events for our Under 10, 12, 14 and 16 paddlers, followed by the General Class single events for our Under 18, 23, Open, Master and Veteran paddlers with the ICF Class single events for our Under 16, 18, Open, Master and Veteran paddlers finishing the day.

Sunday morning will start with the General Class single events for our Under 10, 12, 14 and 16 paddlers, followed by the General Class team events for our Under 18, 23, Open, Master and Veteran paddlers with the ICF Class team events for our Under 16, 18, Open, Master and Veteran paddlers finishing the day.

The 2023 Paddle Queensland School and State Canoe Sprint Championships would not be possible without the support of our volunteers who generously donate their time and resources to ensure the Championship's are a great success.

If you have not volunteered before, or are seasoned volunteer, please get in touch with the office as your help is be greatly appreciated.

Lastly, I would like to thank our Member Clubs and Schools for their continued efforts in developing an active and strong paddle community.

Yours in paddling,

Scott Sharples
Executive Officer



ABOUT



Image by Tony Brown



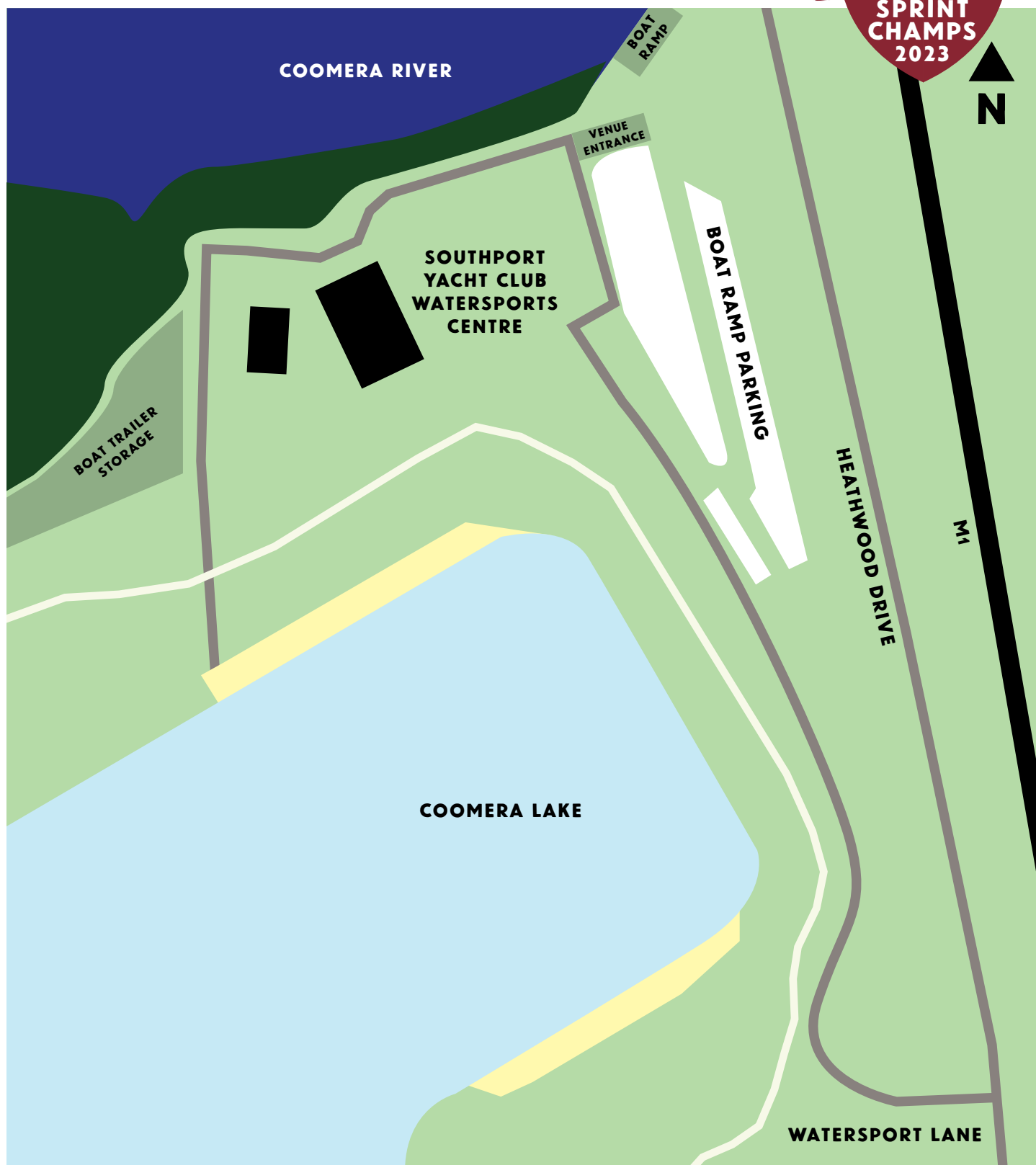
The Canoe Sprint School and State Championships are Paddle Queensland's key performance programs.

The State Championships profile a range of Foundation (School), Talent (Club), Emerging (QAS) and Mastery (AIS) paddlers who compete against the best paddlers from across the country on a range of craft including: Stand up paddle boards, Kayaks, Canoes, Ocean Skis and Outrigger Canoes.

AIMS

- ✘ Engage Queensland communities on the physical and mental health benefits of paddling.
- ✘ Encourage more young people to stay paddling
- ✘ Engage young people in the sport of paddling through the power competition
- ✘ Provide a quality, enjoyable, sociable and safe environment
- ✘ Eliminate barriers to participation by providing access to equipment and instruction
- ✘ Develop paddling skills and knowledge that support future paddling pathways
- ✘ Provide a progression through to specialised areas of paddling
- ✘ Develop an awareness of all aspects of paddling
- ✘ Mentoring clubs on how to improve their resilience across a range of activities
- ✘ Assist clubs in developing young paddlers
- ✘ Increase the level of safe paddling practices in the community through educating young people

VENUE



SYC Oxenford Watersports Club, 33 Watersport Lane, Oxenford QLD 4210.

AGE GROUPS



Image by Tony Brown.



- General Classes are open to all boat types Canoe (C, TC, UC, OC, Va'a), Kayak (K, TK, Ski), Paracanoe (V, K) and Stand Up Paddling (SUP).
- ICF Classes are Canoe (ICF-C), Kayak (ICF-K) and Paracanoe (ICF-V, ICF- K).
- Age Groups compete in Womens (W), Mens (M) and Mixed (X) General and ICF Classes.

AGE AT 31 DEC 2023	AGE GROUP	STANDARD	LONG	ENTRY BRACKET
10 or younger	U10	200 / 500		JUNIORS
12 or younger	U12	200 / 500		
14 or younger	U14	200 / 500		
16 or younger	U16	200 / 500 / 1000	2500	
18 or younger	U18	200 / 500 / 1000	5000	
23 or younger	U23	200 / 500		SENIORS
All ages	Opens	200 / 500 / 1000	5000	
35 or older	M35+	200 / 500		MASTERS
45 or older	M45+	200 / 500		
55 or older	M55+	200 / 500		
65 or older	V65+	200 / 500		VETERANS



ENTRY INFORMATION


- Paddlers are required to be a member of Paddle Australia or a State Paddle Association to enter.

ENTRY FEES	EARLY BIRD: CLOSES 11:59 PM 15 OCT	STANDARD: CLOSES 11:59 PM 29 OCT
Juniors	\$50	\$70
Seniors	\$65	\$85
Masters	\$65	\$85
Veterans	\$55	\$75

REFUND POLICY

- Paddle Australia's Refund Policy (8th May 2020) click [here](#).
- Notice of event cancellation will be given to competitors via the email address supplied upon registration and will be made no later than **COB Wednesday prior to the Championships**.

REGISTRATION

Registrations are available through webscorer

Key dates, subject to final confirmation, include the following.

1. **Early bird closes:** 15th October 2023.
2. **Entries close:** 29th October 2023.

STATE TEAM SELECTION POLICY

- Athletes who wish to be considered for the state team, must nominate by 12:00pm Sunday 12th November.
- To be eligible for selection an athlete must meet the requirements of the Policy.

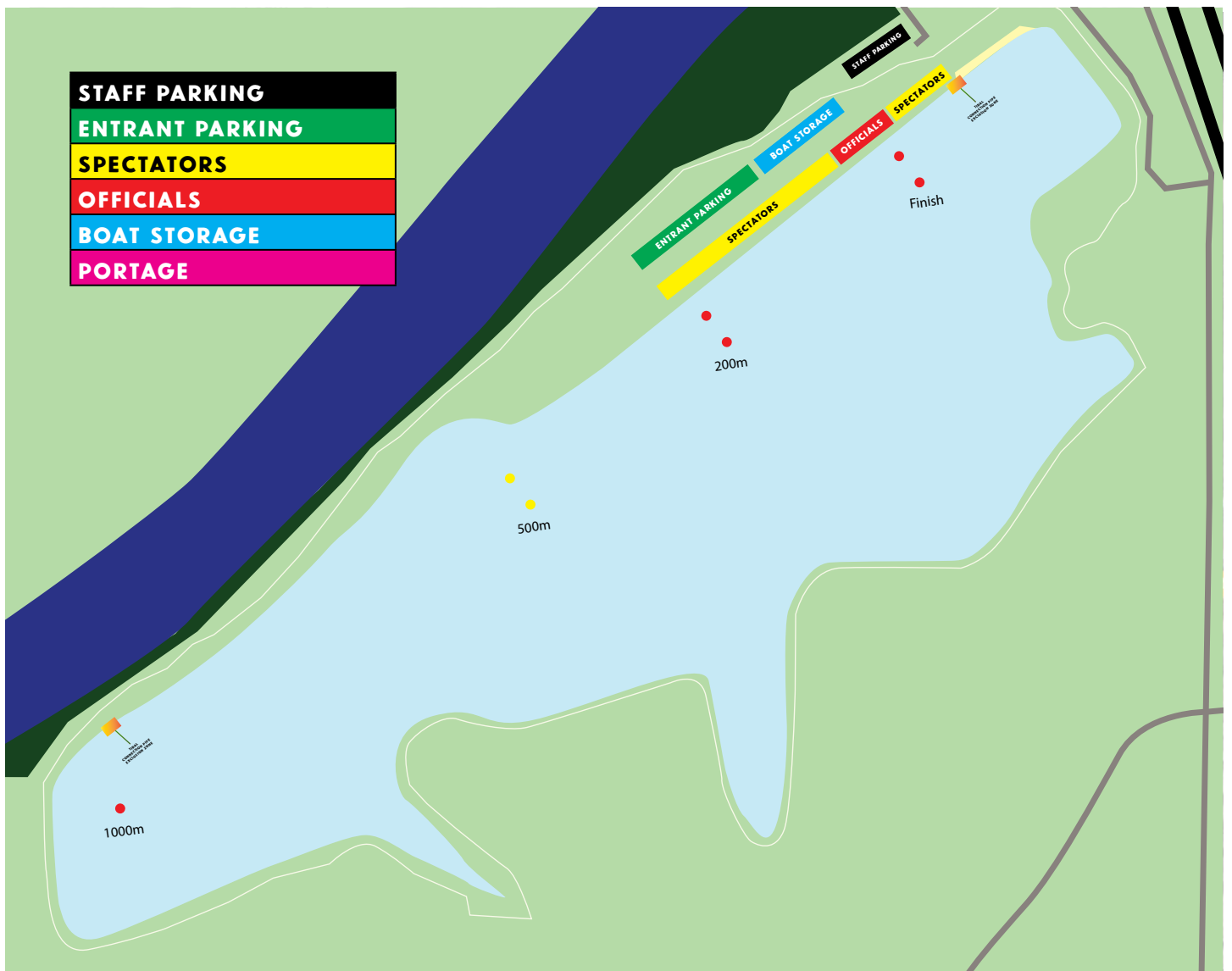
**Paddle
QLD**



STANDARD COURSE



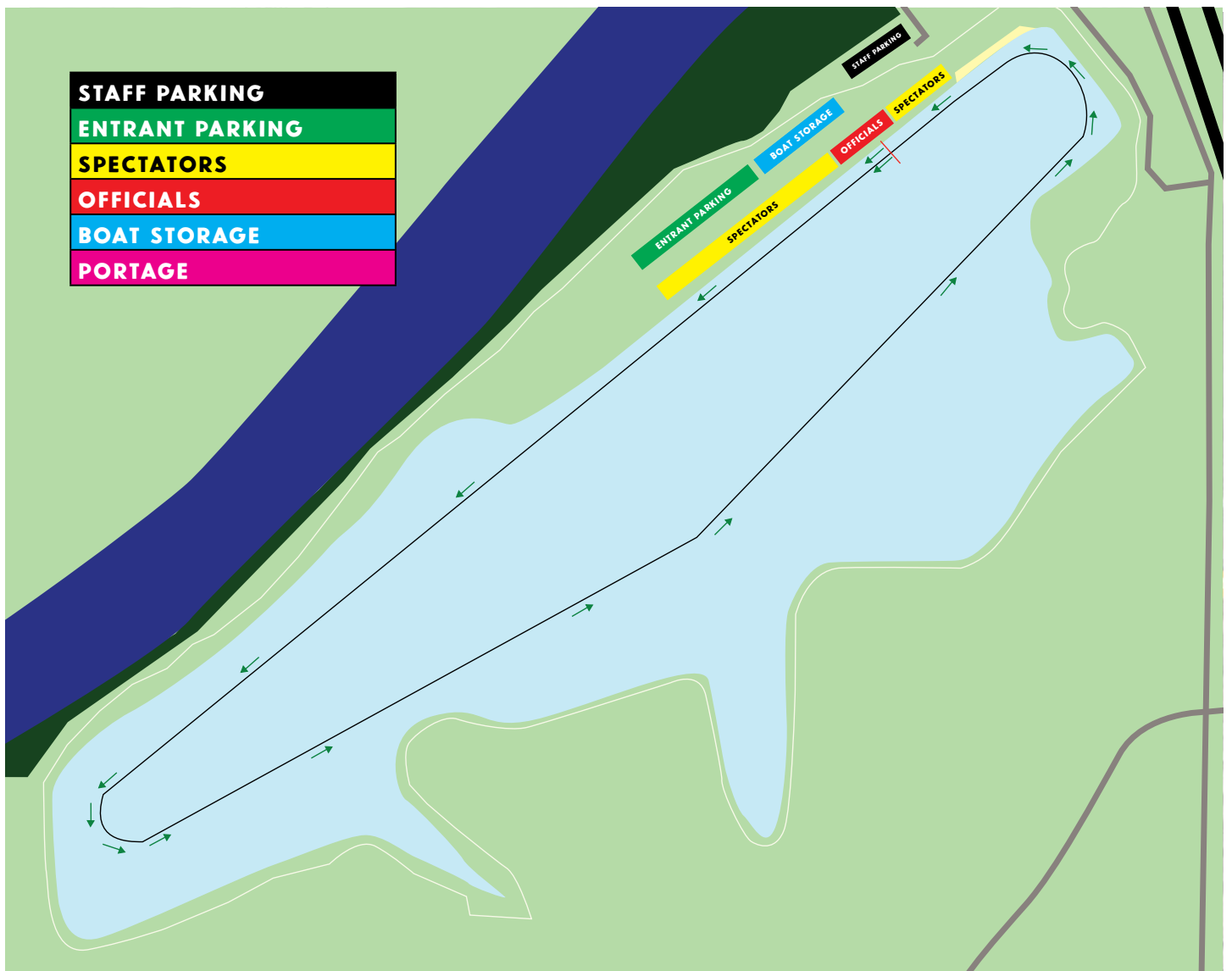
**CANOE
SPRINT
CHAMPS
2023**



The three lane course runs west to east. The Lake is non-tidal with minimal current.



LONG COURSE



The course runs in an anti-clockwise direction with events consisting of multiple laps of approximately 2.5 km. The Lake is non-tidal with minimal current.

RULES



- Paddle Australia’s Competition Policy (17th June 2018) click [here](#).
- Paddle Australia’s Canoe Sprint Competition Rules (3rd December 2022) click [here](#).
- Paddle Australia’s Extreme Weather and Conditions Policy (February 2020) click [here](#).
- International Canoe Federation Canoe Sprint Competition Rules (2023) click [here](#).

LIFE JACKETS / PFDS

Correctly fitted life jackets must be worn by:

1. All paddlers competing in the Under 10, Under 12 and Under 14 categories;
2. Those who are not strong and confident swimmers;
3. All paddlers if the Competition Committee deems it necessary.

Please note, inflatable life jackets are not acceptable due to the need for the paddler to be conscious to activate the life jacket and for the need for annual testing to ensure compliance.

ACCOMMODATION

There is a range of accommodation options on the Gold Coast. The list below provides some options close to the event – please note that the organising committee has not contacted any of these, nor do they recommend any particular supplier.

ACCOMMODATION	DISTANCE FROM VENUE	CONTACT
BIG4 Gold Coast Holiday Park	2.7 km (6 min)	+61 07 5514 4400
Coomera Motor Inn	4.1 km (7 min)	+61 07 5573 2311
Residences at The Peninsula	5.4 km (10 min)	+61 407 898 838

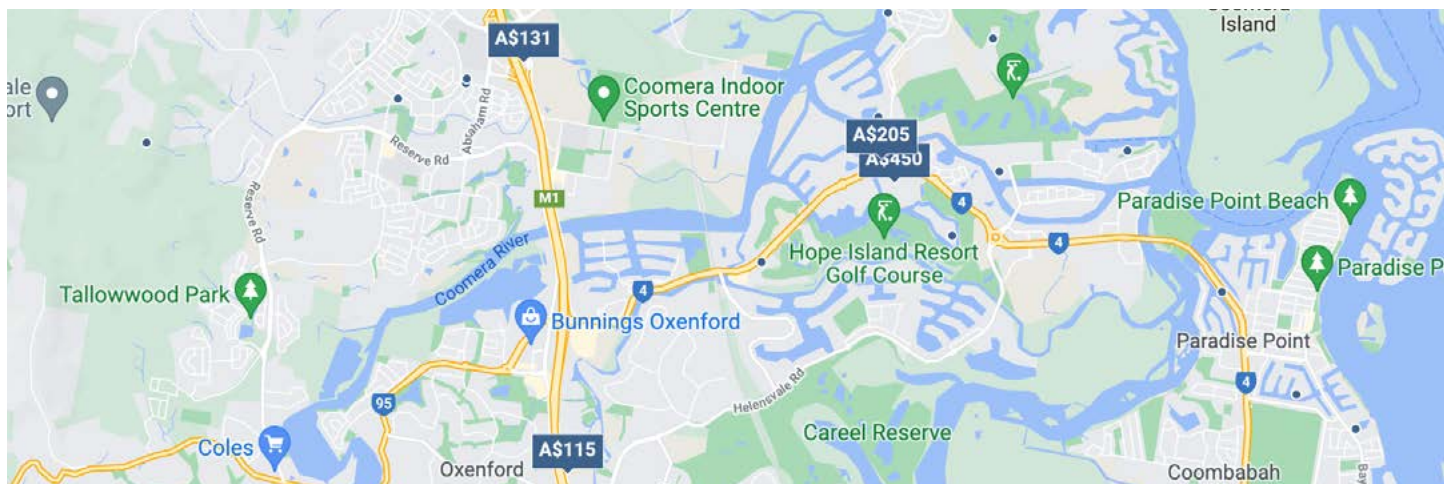


Image by Tony Brown.



STORAGE

Secure overnight storage will be provided on the 10th and 11th November by prior arrangement with the organising committee. Please note capacity is limited.

FOOD

Will be available from the Southport Yacht Club.

MEDICAL

Gold Coast University Hospital, 1 Hospital Blvd, Southport QLD 4215, 1300 744 284.

FIRST AID

A First Aid station will be available at the venue in the Southport Yacht Club.

2025 PADDLE FEST



In 2025 Paddle Queensland will unite the paddlesports community in ‘A celebration of paddling’.

Paddle Fest will cater for paddlers of all abilities and needs through a range of Workshops, Come ‘N’ Try sessions and inclusive paddle adventures.

Paddle Fest will also showcase the outstanding depth and talent our competitive disciplines have to offer, with four State Championships running throughout the week.

A draft schedule is below with further details to be confirmed in early 2024.

DATE	ACTIVITY
Friday 31 Oct	Check in and Welcome dinner
Saturday 1 Nov	Canoe Marathon Singles and Come ‘N’ Try
Sunday 2 Nov	Canoe Polo and Come ‘N’ Try
Monday 3 Nov	Canoe Marathon Crews
Tuesday 4 Nov	Workshops and Inclusive paddle adventure
Wednesday 5 Nov	Canoe Sprint Singles
Thursday 6 Nov	Canoe Sprint Crews
Friday 7 Nov	Workshops and Inclusive paddle adventure
Saturday 8 Nov	Canoe Ocean Racing and Come ‘N’ Try
Sunday 9 Nov	Mass inclusive paddle adventure and wrap up