









SATURDAY AUGUST 12 / GC SKIS + OCS + SUPS + FOILS

















## WELCOME TO THE GOLD COAST

On behalf of Paddle Queensland, it is my pleasure to welcome you to the 14 Beaches Ocean Race.

The 14 Beaches Ocean Race is the first Queensland event on the Shaw and Partners Australian Ocean Racing Series calendar, the third race of the Paddle Queensland Pacific Coast Ocean Racing Series and will also triple as the 2023 Ocean Racing State Championships.

The 14 Beaches Ocean Race is a 15-kilometre downwind held on the Gold Coast starting at Bilinga and finishing at Kurrawa (based on southerly winds), which will bring the ocean racing community from across the State and beyond to the beautiful beaches of the Gold Coast and comprises of Male, Female and Mixed classes for Junior, Under 23, Senior and Masters paddlers on Surfskis, Specskis, Outrigger canoes, Stand up paddling boards and Stand up paddling Foil Boards.

We look forward to seeing you in August!

Yours in paddling,

Scott Sharples
Executive Officer

Paddle Queensland

















## OFFICIAL DATES

The official date for the event is the 12th August 2023, with the following program:

16 July 2359 - Early Bird Fee closes

31 July 2359 - Standard Fee closes

6 August 2359 - Late Fee closes

9 August Race brief sent to paddlers

11 August 1100 - Check in opens at Kurrawa SLSC

1600 - Check in closes

12 August 14 Beaches Ocean Race

0800 - Check in and On the Day entry opens at Finish

1000 - Check in and On the Day entry closes

1100 - Scrutineering open at start line

1300 - Wave 1 Stand Up Paddling Boards and Foils (SUP + SUP-F)

1315 - Wave 2 Outrigger Canoes (OC-1 + OC-2)

1330 - Wave 3 Surf and Specskis (SS-1, SLSA-1, SS-2 + SLSA-2)

1500 - Paddlers start to arrive at Finish

1530 - All paddlers finished

1630 - Presentation at Kurrawa SLSC

















## COMPETITION INFORMATION

#### **CRAFT**

SS=1	Surfski single	<b>SS=2</b>	Surfski double
SLSA=1	Specski single	SLSA=2	Specski double
OC=1	Outrigger canoe single	OC=2	Outrigger canoe double
SUP	Stand up paddling board	SUP=F	Stand up paddling foil board

#### **AGE GROUPS**

Are based on the age you will be on the 31st of December 2023.

JUNIOR	15 - 18	UNDER 23	19 - 23	SENIOR	18+
MASTERS	35 - 39	MASTERS	40 - 44	MASTERS	45 - 49
MASTERS	50 - 54	MASTERS	55 - 59	MASTERS	60+

#### CLASSES

MSS=1	Men surfski single	WSS=1	Women surfski single
MSS=2	Men surfski double	WSS=2	Women surfski double
MSLSA=1	Men specski single	WSLSA=1	Women specski single
MSLSA=2	Men specski double	WSLSA=2	Women specski double
MOC=1	Men outrigger canoe single	WOC=1	Women outrigger canoe single
MOC=2	Men outrigger canoe double	WOC=2	Women outrigger canoe double
MSUP	Men stand up paddling board	WSUP	Women stand up paddling board
MSUP=F	Men stand up paddling foil board	WSUP <sub>F</sub> F	Women stand up paddling foil board
XSS=2	Mixed surfski double	XSLSA=2	Mixed specski double
XOC=2	Mixed outrigger canoe double		

















## **ACCREDITATION FEES**

Includes Paddle Pack: Tote Bag, Race Shirt, Event Boat Sticker, Water Bottle, Stickers and Sponsor Items if supplied. Any participant who is not a Paddle Queensland/Australia Member will be charged an additional Single Event Insurance Fee.

### NOT A MEMBER? CLICK HERE TO SIGN UP AND SAVE!

EARLY BIRD : UP TO 16 JUL	MEMBER	NON=MEMBER
SINGLE CLASSES (Per Person)	\$65	\$85
DOUBLE CLASSES (Per Craft)	\$95	\$115

STANDARD: 17 TO 31 JUL	MEMBER	NON=MEMBER
SINGLE CLASSES (Per Person)	\$75	\$95
DOUBLE CLASSES (Per Craft)	\$115	\$135

LATE: 1 TO 6 AUG	MEMBER	NON=MEMBER
SINGLE CLASSES (Per Person)	\$85	\$105
DOUBLE CLASSES (Per Craft)	\$135	\$155

ON THE DAY: 12 AUG	0800 = 1000	
SINGLE CLASSES (Per Person)	\$145	
DOUBLE CLASSES (Per Craft)	\$195	

















## PRIZE MONEY

For Single Ski prize money to be awarded, there must be at least five (5) entries in each age group. Where there are less than the minimum number of entries in an age group, competitors will be amalgamated to the most relevant age group so prize money can be awarded. For Single Ski paddlers who finish in the top five, they will also receive the Single Ski Age Group prize money if their age group meets the minimum entry criteria.

For SUP, OC1, SUP-F, Double Ski and OC2 prize money to be awarded, there must be at least five (5) entries across all age groups.

OVERALL SINGLE SKI	1 <sup>ST</sup>	2 <sup>ND</sup>	3 <sup>RD</sup>	<b>4</b> <sup>TH</sup>	<b>5</b> <sup>TH</sup>
Male	\$250	\$200	\$150	\$125	\$100
Female	\$250	\$200	\$150	\$125	\$100

SINGLE SKI AGE GROUPS	1 <sup>ST</sup>
Male (Jnr, U23, Senior, M35, M40, M45, M50, M55, M60, M70)	\$100
Female (Jnr, U23, Senior, M35, M40, M45, M50, M55, M60, M70)	\$100

OVERALL SUP, OC1 AND SUP=F	1 <sup>ST</sup>
Male	\$100
Female	\$100

OVERALL DOUBLE SKI AND OC2	1 <sup>st</sup>
Male, Female and mixed classes combined into Double Ski and OC2	\$100











COURSE	Bilinga Beach	FINISH	Kurrawa Beach
DISTANCE	15 km	WIND	Southerly









## GENERAL INFORMATION

#### DISTANCE

As the race is a State Championships the distance will be 15 km.

#### **FORMAT**

The race will be run in one (1) stage with race markers (buoys) that must be negotiated as directed.

#### START METHOD

- The start method for the race will be a Beach start. An alternative Stationary water start may be used.
- The athletes should position themselves so that the bows of the competing craft are behind the start line. The boats must be stationary and may be held at the stern if required.
- Paddlers will be called to the water at least 10 minutes before the scheduled start.

#### START PROCEDURE

- The Starter must ensure all boats are stationary behind the starting line.
- When the Starter is satisfied that the boats are aligned correctly and are stationary, they will call "Ready" followed by the start signal (a shot, starting horn, whistle blast or the word "Go").

#### **FALSE START**

- If an athlete moves forward after the word "Ready" and before the start signal, they have made a false start.
- An athlete who attempts to start before any instruction is deemed to have made an unfair start.
- An athlete who attempts a false or unfair start will be warned.
- The second warning will result in the imposition of a two (2) minutes penalty.
- The third warning will result in the athlete's disqualification from the competition.
- The disqualified athlete must leave the water immediately.

















#### **FINISH**

- The finish line will be between two (2) markers described in the race instructions on the shore.
- The boat has finished the race when the upper body of the athlete crosses the finish line.
- If two (2) or more paddlers cross the finish line at the same time they receive the same classification.

#### SHARK SIGHTING

On the sighting of a shark, immediately inform a Support Boat and leave the water until the shark is chased away from the support boat.

#### **EVACUATION POINTS**

- Support Boats will be with you on the course for the duration of the race.
- If you need assistance during the race, raise your paddle above your head so a support boat or fellow paddlers can see you until assistance arrives.
- In case of an emergency on land or water the patient will be transported to the closest Surf Life Saving Club Car park Emergency Areas.
- Water Evacuation Points will be the closest beach access point. When on course if Life Support is needed Volunteer Marine Rescue will be the first responders to enable First Aid, DFIB and fast boat access to an Emergency Medical Access point.

#### **AWARDS**

The awards are given according to the ICF protocol guidelines. The medals are awarded as follows:

1st place: a gold medal

2nd place: a silver medal

• 3rd place: a bronze medal

In double classes, each athlete will receive the appropriate medal.

To maintain the formality of the ceremony the athletes receiving medals must wear a Club or paddle top.

















# BY ENTERING THE 14 BEACHES OCEAN RACE YOU AGREE TO THE FOLLOWING:

You understand the risks associated with Ocean Racing and acknowledge your responsibilities to help a distressed paddler.

#### YOU WILL COMPLY WITH THE MANDATORY SAFETY EQUIPMENT RULES:

- Lifejackets All competitors must wear an approved Australian Standard AS 4758 or International Standard ISO 12402 Lifejacket. All surf ski paddlers must wear an approved minimum Level 50 / Level 50S Lifejacket. Your lifejacket must be Hi-Vis or a Hi-Vis top is to be worn over the top of the lifejacket. No bum bag inflatable lifejackets are permitted.
- Safety Leash All competitors must be attached to their craft via a safety leash.
- SafeTrx Tracking All competitors MUST be logged in and using the Tracking Link Activity Code for the 14 Beaches Ocean Race. SafeTrx allows the event organisers, spectators and water safety to track competitors live GPS location via the web. It is mandatory that all competitors carry a mobile phone and will be disqualified if they fail to follow this item of the safety plan.
- Timing Chip All competitors must wear the electronic timing chip on their ankle (right or left ankle). This will be provided at registration.
- Hi-Vis Clothing All competitors must wear a piece of Hi-Vis clothing. This can be a Hi-Vis lifejacket or Hi-Vis top worn over your lifejacket.
- Orange Smoke Flare All competitors must carry one in date orange smoke flare. The flare should be
  easily accessible when on the water. Ensure you are familiar in how to use a flare.

















- Mobile Phone All competitors are required to have a mobile phone. A VHF Radio a distress beacon (EPIRB or PLB) can also be carried.
- Pealess Whistle All competitors are required to have a pealess whistle attached to their Lifejacket.
- SUP, SUP-F and Outrigger paddlers are permitted to wear an approved Lifejacket Level 100/150 bum bag inflatable lifejacket. A Hi-Vis top must be worn.

In the event of an emergency, a competitor's location can be identified via the SafeTrx App, the use of an orange smoke flare or via the sound of a whistle.

- In addition to the above we strongly recommend competitors carry a Distress Beacon (EPIRB or PLB) and /or a waterproof VHF Handheld Radio during the event. VHF handhelds are an inexpensive item of equipment that enables immediate contact between the competitor and safety vessels. In a boating emergency use Radio Channel 16 VHF or call 000 (triple zero)
- It is also recommended that a minimum of one (1) litre of water is to be carried during the race.
- Competitors should be Sun Safe, including wearing appropriate clothing and sunscreen.
- Footwear is strongly recommended.
- There is no storage or transport of craft provided at the race start and finish areas.
- The security of all equipment is the responsibility of each competitor.

There will be equipment scrutineering at the start line. Any competitor that does not abide by the rules and equipment requirements will be automatically disqualified.

## IN ANY LIFE-THREATENING EMERGENCY CALL 000.

















## START TRAINING WITH SAFETRX TODAY

## DOWNLOAD THE SAFETRX APP, REGISTER AN ACCOUNT AND BECOME FAMILIAR WITH HOW THE APP WORKS DURING TRAINING.

- Use TRACK ONLY mode and share it with a friend or family member before you head out for a paddle.
- "Track Only" trips still record your trip on the handset (and to your trip history on the boaters website)
  and allows you to review and replay it later.
- Unlike "Sail Plan" trips, no ETA is provided and Coast Guard do not monitor your trip.







#### ADVANTAGES OF USING SAFETRX

- Using SafeTrx may save your life! Safety officials can track your position in real time during the race knowing where you are at all times.
- If you get into trouble you can activate the Call for Help button which enables you to call 000 or the Australian Volunteer Coast Guard – your exact GPS location will be available to them so the vessels can come to your aid
- Competitors can watch a replay of the event and see step by step how they raced against other paddlers and compare the lines they took against the winners
- Spectators can watch you race.
- Share your trip with your friends and family who can track your progress and meet you at the finish line to celebrate with you!



















## LEGAL ASPECTS

#### PADDLE QUEENSLAND

Address: SYC Oxenford Watersports Centre

Website: www.qld.paddle.org.au

Scott Sharples Executive Officer: 0414 960 728 eo.qld@paddle.org.au

Andrea Wood Sport Operations and Events Manager: 0408 901 900 qld@paddle.org.au

#### STRUCTURE OF THE ORGANISING COMMITTEE

The Organising Committee is chaired by the Executive Officer of Paddle Queensland.

#### **ORGANISING COMMITTEE**

NAME ROLE

Scott Sharples Race Director

Andrea Wood Competition Manager

#### COMPETITION POLICIES

Paddle Australia Competition Policy click here.

Paddle Australia Remotely Piloted Aircraft Policy click here.

Paddle Australia Refund Policy click here.

Paddle Australia Extreme Weather and Conditions Policy click here.

Paddle Australia Anti-Doping Policy click here.

#### COMPETITION RULES

International Canoe Federation Canoe Ocean Racing Competition Rules click here.

#### MEDIA POLICIES

Paddle Australia Photography Policy click <u>here</u>. Paddle Australia Social Media Policy click here.



















SATURDAY AUGUST 12 / GC SKIS + OCS + SUPS + FOILS







